

EMPLOYEE ASSISTANCE PROGRAM

EAP is a FREE confidential service for employees seeking help with problems that are having a negative influence on their lives. These can include relationship/family or child related stress, work conflicts, financial strain, substance abuse, legal or health problems.

Our EAP services will provide *easily accessible, responsive, confidential* phone consultation, along with in-person assessment, short-term counseling and referral services.

If you have any suggestions for wellness programs you would like to see offered please let us know!

The EAP program is staffed by Licensed Social Workers.

518-461-8742

eap@neric.org

