



*RAVENA-COEYMANS-SELKIRK
SENIOR HIGH SCHOOL*

2025 U.S. ROUTE 9W • RAVENA, NEW YORK 12143-0150
518-756-5200 • FAX 518-756-3534 • District Website: www.rcscsd.org

PRINCIPAL
MR. THOMAS DIACETIS

VICE PRINCIPAL
MR. JEFFERY KELLER

**“EDUCATING MINDS – BUILDING CHARACTER”
RCS INTERSCHOLASTIC ATHLETICS
MEDICAL CLEARANCE INFORMATION/PROCESS**

Know the process-Don't let it impact your eligibility!

Student-Athlete and Parent Responsibilities—

1. All potential student-athletes must have an up-to-date sports physical. The form is available on-line at www.rcscsd.org under the Athletics tag. The form must be filled out and signed by the doctor and also signed by both the parents. The forms get turned into the nurse in the Health Office.
2. Student-Athletes must sign-up with their coach or in the health office with the nurse.
3. Within 30 days of the start of any season, (Fall-Winter-Spring) the student-athlete must turn in a health update form also available on line IN PERSON to the nurse. The nurse will tell the student-athlete if they are cleared or send them off with the required information for clearance. ALL STUDENT-ATHLETES MUST BE “MEDICALLY CLEARED TO PLAY” by the nurse prior to the start of practice. A student-athlete that has not been cleared is ineligible to participate, and practices with not count until the athlete has been cleared by the school nurse. If you cannot attend either of these two days, you must contact the Health Office and make an appointment to bring the update in and have the student-athlete cleared. There will be limited availability due to summer hours.
4. Each coach and the Athletic Director will receive a list of athletes who have been “cleared to play”. Only athletes on this list will be allowed to participate.

This process is mandated by the New York State Education Department and the NYSPHSAA. Your cooperation and understanding is greatly appreciated. If you have any questions, please contact the Athletic Director (extension 2016) or the Health Office (HS extension 2015 and MS extension 3021). Our number one priority is to ensure the safety and wellness of our student-athletes.

FALL CLEARANCE DATES for 2015 –

MONDAY, AUGUST 10th from 4:00pm – 7:00pm

TUESDAY, AUGUST 11th from 4:00 pm – 7:00pm

WEDNESDAY, AUGUST 12th from 8:00am – 12:00pm

(The school physician will be available for Sports Physicals on Weds. 8/12 if necessary)

